

# ITINERARY OF A 31-DAY HIKING GROUP IN CALIFORNIA & ARKANSAS



**DATES : JULY 12<sup>TH</sup> ~ AUGUST 10<sup>TH</sup>**

## **1 California( July12-31)**

### **1.1 Hiking(July12-22)**

- July 12: Arrive in San Francisco and check in to the hotel.

- July 13 ~ 16: Explore the city of San Francisco, including attractions such as the Golden Gate Bridge, Alcatraz Island, Fisherman's Wharf, Chinatown, and Lombard Street. Visit UC Berkeley and Muir Woods National Monument.

- July 17 ~ 18: Visit Stanford University, Apple Park, Googleplex, and the city of San Jose.

- July 19 ~ 22: Hike along the scenic coastal Highway 1, stopping at Big Sur. Enjoy the views of the Pacific Ocean, the rocky cliffs, the sandy beaches, and the redwood forests.

## 1.2 Driving&Hiking(July23-30)

- July 23 ~ 27: Drive to Los Angeles and visit famous landmarks such as Hollywood, Beverly Hills, Universal Studios, Griffith Observatory, Santa Monica Pier and Disneyland Park.

- July 28 ~ 30: Drive to San Diego and visit attractions such as the San Diego Zoo, Balboa Park, SeaWorld, and La Jolla Cove.

## 2 Arkansas (July 31- August 8)

### 2.1 Driving(July 31- August 4)

- July 31- August 3: Drive to Arkansas, visiting , Visit NASA's Johnson Space Center and Tesla Texas Super Factory in Houston along the way. Enjoy the scenery and culture of the South.

- August 4: Arrive in Mountain Home, Arkansas, and meet an old friend - Philip Hyatt, who has been a volunteer at inMountains Summer Camp in China Hunan twice. (sedgehead@gmail.com / tel: 870-736-1952)

### 2.2 Paddling(August5-8)

- August 5 ~ 8: Hike, paddle, and camp with Philip in the Ozark Mountains. Experience the natural beauty and wildlife of Arkansas.

### **3 The way back (August 9-10)**

- August 9: Fly back to San Francisco from Little Rock.
- August 10: Fly back to Changsha.

Leading teacher: Julian Luo, male, 50 years old, leading coach/owner at inMountains School & Summer Camp, Hunan Changsha. He used to work as a representative recruiter between Chinese developers and American architects/designers.

## 加州和阿肯色州 31 天徒步旅行团行程

日期：7 月 12 日至 8 月 10 日

### 1 加州徒步（7 月 12-30 日）

#### 1.1 徒步(7 月 12-22 日)

- 7 月 12 日：抵达旧金山，入住酒店。

- 7 月 13 日至 16 日：游览旧金山市，包括金门大桥、恶魔岛、渔人码头、唐人街和伦巴德街等景点。参观加州大学伯克利分校和缪尔森林国家纪念碑。

- 7 月 17 日至 18 日：参观斯坦福大学、苹果园区、谷歌总部和圣何塞市。

- 7 月 19 日至 22 日：沿着风景优美的沿海 1 号公路徒步，在大苏尔停下来。欣赏太平洋的景色，岩石峭壁，沙滩和红木森林。

#### 1.2 驾车、徒步(7 月 23-30 日)

- 7 月 23 日至 27 日：驱车前往洛杉矶，参观著名的地标，如好莱坞、比佛利山庄、环球影城、格里菲斯天文台、圣莫尼卡码头和迪士尼乐园。

- 7 月 28 日至 30 日：驱车前往圣地亚哥，参观圣地亚哥动物园、巴尔博亚公园、海洋世界和拉荷亚海湾等景点。

## 2 Arkansas (7月31-8月8日)

### 2.1 驾车 (7月31-8月4日)

- 7月31日-8月3日：驱车前往阿肯色州，途中参观休斯顿的美国宇航局约翰逊航天中心 NASA 和 Tesla 德州超级工厂，欣赏南方的风光和文化。

- 8月4日：抵达阿肯色州的山之家市，与一位老朋友会面——菲利普·海亚特，他曾两次在中国湖南省的 inMountains 夏令营做志愿者。(sedgehead@gmail.com / tel: 870-736-1952)

### 2.2 划船 (8月5-8日)

- 8月5日至8日：与菲利普一起在奥扎克山脉徒步、划船和露营。体验阿肯色州的自然美景和野生动物。

## 3 归途 (8月9-10日)

- 8月9日：从小石城飞回旧金山。

- 8月10日：飞回长沙。

领队老师：罗俊廉，男，50岁，湖南长沙 inMountains 学校& 夏令营的领队/老板。他曾经在中国开发商和美国建筑师/设计师之间担任人员招聘代表。